

SHUFFLE

Source:

Overview

A fun closing activity, done in a circle, shuffling in one direction until someone calls 'stop' and makes a comment about the workshop.

Improv Topics

- Accepting offers
- Listening and Awareness

Purpose

- Team building
- Creativity
- Communication

Time

- 4 – 8 minutes

Number of players

- Various

Game Flow

- Stand the group in a circle, with arms around each other (if appropriate)
- Explain that we are all going to shuffle in one direction until someone calls out 'stop'
- That person then says something about the workshop – an insight, something they learnt etc
- Everyone else responds with 'yes, yes, yes'
- Then the whole group shuffles in the opposite direction until someone else calls 'stop'