

# **SPEED DATING**

Source: Unknown

## **Overview**

An interactive sharing approach that gets people moving and reviewing each other's work/ideas etc

## **Purpose**

- Teamwork
- Collaboration
- Communication

## **Time**

- 5 – 15 minutes

## **Number of participants**

- Any number above 6

## **Activity Flow**

- After individuals have finished doing any piece of work, invite them to stand as a group in an open area of the room
- Explain that they will be doing a speed dating activity
- They will pair up with one other person and each share their ideas/work for 90 seconds
- After the first round, ring a bell and get them to pair up with someone different
- Do three rounds
- When completed, and if needed, ask them to add any new ideas or variations onto their work

## **Debrief**

- What is the benefits of sharing our work with others?
- What is the benefits of describing our ideas to different people?
- How has your work benefited from this activity?