

## **TRIFECTOR**

Source: Unknown. Adapted by Facilitating With Confidence

### **Overview**

A story process that encourages sense-making based on own experiences.

### **Purpose**

- Sharing experiences
- Listening
- Sense-making

### **Supplies**

- Flip charts and marker pens
- Coloured 'stickies'

### **Time**

- Phase 1: 15 minutes
- Phase 2: 20 minutes
- Phase 3: 30 minutes

### **Numbers**

- 9 - 33

### **Activity Flow**

#### *Phase 1: Storytelling*

- Introduce the topic and get participants into groups of 3
- Describe the three roles: teller, listener, scribe – and that the roles will rotate
- Ask the teller to tell a short story based on their own experience
- Suggest that the scribe capture the story out of sight of the teller and listener, and ask them to write in the teller's own words

#### *Phase 2: Sensemaking*

- Invite each group to look over the notes and identify any key points (based on whatever the topic is that you are exploring)
- Provide each group with coloured stickies (different colours for each category/topic)  
NB: If using different colours for different topics, post these prominently so as to remind people which colour for which topic
- Ask them to write one idea per sticky
- When done, groups post their ideas on the wall

#### *Phase 3: Affinity Grouping*

- Invite all participants to review the stickies on the wall and to do some affinity grouping, that is, group like ideas
- Encourage discussion, clarification and participation

### **Debrief Questions**

- What stands out?
- What surprises you?
- What does this tell us about 'X'?