



Love it – Loathe it

What is it for?

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A sociometric decision-making approach

Time & People

.....
5 - 30 minutes
Any number of people
Ideal: around 20

Materials

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Scale written on cards

Source

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Nicole Hunter, adapted from Sam Kaner's "Gradients of Agreement"

And...

.....
If someone cannot make a decision about where to stand, use that as a way for those who have made a clear choice to advocate for their position on the line.

Activity Flow

- Introduce the decision that has to be made
- Introduce the scale
 - Love It
 - Like It
 - Live With It
 - Lament It
 - Loathe It
- Ask people to stand up
- Re-state the decision to be made and invite people to stand on the scale according to their choice
- Lead a discussion amongst participants while still standing on the scale about what their choices mean