

# Tell Us 'That' Story

Source: Improv for Humanity, Oxford, 2016

## What is it for?

A way to warm people up to sharing personal stories.

## What to do

Form small groups of between 4 and 6 people. This is best done standing up, in a circle. There are three rounds to this activity. Introduce each round in turn.

### *Round 1*

- Select someone to start
- They say a single random word, then each person in the group takes a turn to also say a single random word.
- Continue for a couple of minutes

### *Round 2*

- Continue as before, except this time, let your word be influenced by the previous word(s)

### *Round 3*

- Continue as per Round 2, except this time, anyone in the group can point to another person and ask them to "tell us that story".

## Anything else?

You may need to instruct participants to tell a short, personal, true anecdote about the word when they are asked to share a story. Some people may think that a 'story' has to be made up, fictional.

This is a useful activity when participants are reluctant to share stories of their experiences, or declare that they have no stories!