



Hello

What is it for?

.....
A participatory, information-gathering exercise that replicates limited time and resources, and demonstrates what's possible anyway

Time & People

.....
30 minutes
15 - 50 people
Ideal: around 30

Materials

.....
Pre-prepared instruction sheets
Flip chart paper
Marker pens

Source

.....
Thiagi.com

And...

.....
This information is the same for each group:
Your task: To collect data from all participants within a 2-minute time limit at the same time the other groups are also collecting data

Before data collection: You will have 3 minutes to devise a strategy for efficiently collecting the information from all participants.
After data collection: You will have 5 minutes to process the data and produce a summary report on flip chart paper.
You will be told when you can start collecting the data.
You will need to select somebody from your group to report your findings.

Activity Flow

- Divide the group into the same number of small groups as there are questions
- Hand out the instruction sheets
- Explain that each group will be doing the activity at the same time as the other groups
- Give them 3 minutes to plan
- Ring a bell to indicate that the activity has started and allow 2 minutes
- After 2 minutes, ring the bell again and allow 5 minutes to prepare a report on flip chart paper
- Hear back from each group

Debrief

- How does this activity reflect the real world of your work?
- What did you learn? - about each other? - about the process?

Important: Each group has the same instructions, and a different topic. This is an example.

Topic 1: How many people have had actual experience of delivering Psychological First Aid?

Topic 2: Why is it important to know about Psychological First Aid?

Topic 3: How well do you need to understand Psychological First Aid to be able to teach others about it?

Topic 4: What do you want to learn about Psychological First Aid?