



Pass the Clap

What is it for?

.....
A simple game played in a circle where a clap is passed around the circle

Time & People

.....
5 - 10 minutes
10 - 50 people

Materials

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None

Source

.....
Improv theatre warm-up

And...

.....

Activity Flow

- Stand in a circle
- Leader turns to the person to their right and claps both hands in front of them
- The idea is for the partner to clap at the same time
- The clap is passed from person to person around the circle
- After one round, start again and add more claps every few seconds
- Eventually the group will find a very satisfying rhythm
- Play until the game breaks down or the claps disappear

Debrief

- What is this game about?
- How did it feel, at the start, and after a few minutes of playing?
- Why is group rhythm so satisfying?